

Kids Explore!



Make a First Day of Fall Twig Journal

Use paper and a cool twig you find outside to create a handmade journal.

Materials

- ◆ Five-ten letter-sized white pieces of paper
- ◆ One sheet of colored paper, ideally cardstock
- ◆ A hole punch
- ◆ Two twisty ties or pipe cleaners
- ◆ Colored pencils or crayons
- ◆ Several differently shaped leaves

1. Go for a walk and find a cool twig 1/4-1/2 inch thick, about eight inches long, and straight. Collect some differently shaped leaves as well.

2. Make a pile out of your your white pieces of paper. Now put your colored paper on top

of the stack. Fold the whole pile in half, with the colored paper on the outside.

3. Punch one hole through the stack at the bottom and one at the top, along the fold, about a quarter inch from the fold.

4. Push one twisty tie (or a piece of pipe cleaner about three inches long) through the top hole and one through the bottom hole. Fold each in half.

5. Lay your twig next to the folded side of the paper and tuck it into the folded twisty ties. Twist the ties around

the twig to secure it to the paper. Now you have a first day of fall journal!

6. Decorate your cover with leaf rubbings or pictures to celebrate the start of fall.

7. Use your journal for school work, poetry, sketches, or whatever other creative project makes you happy.

